**Pause**

**The Battle of Fear**

Exodus 14:13–14

1. **Pause; stop being afraid.**

* Fear is a liar.
* Fear is the opposite of faith.
* Don’t fear the future. (Red Sea).
* Don’t fear the past. (Egypt)
* Don’t fear the present. (Situation)

1. **Pause; calm down.**

* Stand still, God’s got this.
* There is no panic in Heaven, just plans.
* Watch and pray.
* Trust in the Lord and rest in His presence.

1. **Pause; Focus on Jesus.**

* Focus on Jesus not the situation.
* Focus on Jesus not your enemies.
* Jesus is for you not against you.
* The battle is not mine, it is the Lord’s.